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eSleep_dHealth

Digital literacy enables up-to-date sleep medicine in inclusive healthcare

eSleep_dHealth

AGENDA

for

Third project conference held within 5th SHARE

Conference

Organized by *University of Crete*



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eSleep_dHealth

Third project conference

Saturday, 5th of July 2025

PP coordinator: University of Crete

Venue: HERAKLION CRETE, IBIS STYLES HERAKLION CENTRAL

Timetable

8:30 – 10:00	SLEEP BREATHING DISORDERS: THE NEW ERA IN CLINICAL AND RESEARCH PRACTICE Chairs: W. Randerath, G. Trakada, G. Meletis, E. Simantirakis <ul style="list-style-type: none">• The role of OSA treatment on incident CVD, inside from cohorts, E. Schwarz• SBD in Respiratory and NM diseases: what a Respiratory physician should know, D. Testelmans (virtually)• From COMISA to insomnia in various respiratory diseases: time for awareness? C. Mermigkis (virtually)• Sex inequities in SBD, A. Pataka
10:00 – 11:00	SPECIAL LECTURES Chairs: E. Schwarz, N. Tzanakis, A. Konstantinidis, E. Kondili <ul style="list-style-type: none">• Obstructive sleep apnea and cancer, M. Bonsignore• Digital literacy enables up-to-date sleep medicine in inclusive healthcare, I. Bouloukaki, E. Fytrou